

CHILDREN

“Listen to your father’s instruction and do not forsake your mother’s teaching. They will be a garland to grace your head and a chain to adorn your neck.” Proverbs 1:8-9

33. I remind myself that God has chosen my parents especially for me, and that my life has a purpose.

Never-----Seldom-----Often-----Always
 0 1 2 3 4 5

34. I obey my parents, speak respectfully to them, and accept their discipline.

Never-----Seldom-----Often-----Always
 0 1 2 3 4 5

35. I talk about my faith and make a stand for Christ even when my popularity may be threatened.

Never-----Seldom-----Often-----Always
 0 1 2 3 4 5

36. I listen intently to what my parents and elders teach me, and apply their Godly instructions to my life.

Never-----Seldom-----Often-----Always
 0 1 2 3 4 5

37. I pray for my parents—that they may be everything God intends them to be, and that God might use them to help me in making the right decisions in my life.

Never-----Seldom-----Often-----Always
 0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR CHILDREN _____



**Reflecting
 Jesus’
 Ministry
 In My Life**

This spiritual reflection tool is meant to help you honestly, openly, and evangelically evaluate your spiritual strengths and weaknesses in all of your Christian roles. To use this tool, do the following:

- **Complete the first section that is for everyone and begin to assess your life as a Christian individual by circling the number that best represents your self-evaluation following each statement.**
- **Then, find the role(s) that are specific to you and do the same in each of those sections.**
- **Optional: Total your scores from all of the sections that you complete and evaluate your ministry roles, keeping in mind that our spiritual growth is a continual process.**

Your contemplation, openness, and honesty will determine the value of this assessment, so take your time. Involving other family members and close friends in this exercise may give you additional perspective that could be helpful. Use the results for personal goal setting, prayer concerns, and personal growth.

Optional: Evaluate the statements that apply to you and total your numbers:

- | | |
|---------------------------------|----------------------------|
| • Everyone (Page 2) | My score = _____ out of 35 |
| • Single Adults (Page 3) | My score = _____ out of 25 |
| • Husbands (Page 4) | My score = _____ out of 25 |
| • Teachers (Page 5) | My score = _____ out of 25 |
| • Wives (Page 6) | My score = _____ out of 25 |
| • Moms/Dads (Page 7) | My score = _____ out of 25 |
| • Children (Page 8) | My score = _____ out of 25 |

My Total = _____ out of _____

EVERYONE

1. I remind myself that God, in Christ, has forgiven me.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

2. I partake of the Lord’s Supper and receive His assurance of forgiveness for my sins.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

3. I include personal devotions, Bible study, Bible reading, prayer, etc. in my daily routine.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

4. I nurture an atmosphere of respect and forgiveness with those whom God has put into my life.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

5. I joyfully attend church and am an active participant.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

6. I attend Bible classes and/or Sunday school.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

7. I demonstrate my Christian faith through my words and actions, and those who meet or know me, know that I am a Christian.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “EVERYONE” _____

MOMS and DADS

“I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice . . .”

2 Timothy 1:5

28. I seek to remind my children of the forgiveness we have in Jesus Christ and to practice the art of forgiveness within our home and elsewhere.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

29. My conversation with my family regularly centers upon God’s Word and the ways that He is in control of our lives and our world.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

30. I am a Christian role model for my children with my words and actions.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

31. I pray for my children—that they may be everything God intends them to be, and that I might me a godly influence in their lives.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

32. I make sure that I use every possible resource available to teach my children God’s Word and will for their lives.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “MOMS/DADS” _____

WIVES

*“A wife of noble character is her husband’s crown . . .
Proverbs 12:4*

23. I nurture an atmosphere of forgiveness within my marriage by asking for forgiveness and being quick to forgive.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

24. I seek my husband’s happiness as his wife. I seek to keep our marriage exciting and fresh.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

25. I pray for my spouse—that he may be everything God intends him to be, that I may give him love and respect, and help him in his role as head of our family.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

26. I pay more attention to the spiritual part of me than I do to my physical appearance.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

27. My words and actions toward my husband communicate my endearing love, respect, and support for him in every situation.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “WIVES” _____

SINGLE ADULTS

“But each one has his own gift from God; one has this gift, another has that . . . 1 Corinthians 7:7

8. I willingly use some of my discretionary time to help with the Lord’s work at my church.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

9. My choice of close friends reflects my desire to seek Christian influence and encouragement.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

10. I openly share my faith with my friends, and they know by my words and actions that I am a Christian.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

11. I spend time and conversation with my family members in a meaningful way.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

12. If I am seeking a spouse, the first thing I want to know is what that person’s relationship is with God.

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “SINGLE ADULTS” _____

HUSBANDS

“Husbands, in the same way be considerate as you live with your wives, and treat them with respect . . . and as heirs with you in the gracious gift of life.” 1 Peter 3:7

- 13. I nurture an atmosphere of forgiveness within my marriage by asking for forgiveness and being quick to forgive.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 14. I romance my wife, unselfishly demonstrate my love and affection for her in a variety of ways, and seek to keep our marriage exciting and fresh.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 15. I place my wife’s happiness and fulfillment above my own, and by so doing find my happiness and fulfillment.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 16. I pray for my spouse—that she might be all that God intends her to be, and that I might give her the love, help, and praise that she needs.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 17 I demonstrate honor and respect for my wife by listening to her and seeking to understand her thoughts and feelings.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “HUSBANDS” _____

TEACHERS

“You are a chosen people, a royal priesthood, a holy nation, a people belonging to God…….1 Peter 2:9

- 18. My conversation with my students regularly centers on God’s Word and what God is doing in our lives and in our world.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 19. I lead my students in devotions and prayer and help them provide for their personal devotions on a regular basis.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 20. I am a Christian role model for my students with my words and actions.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 21. I discipline lovingly, consistently, and appropriately.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

- 22. I pray for my students—that they may be everything God intends them to be, and that I might be a godly influence in their lives.**

Never-----Seldom-----Often-----Always
0 1 2 3 4 5

Optional: Total your reflection score from this page and record it on the list at the bottom of page 1.

TOTAL FOR “TEACHERS” _____