



Dear Future Knight!

We are excited to greet you on our campus this fall. We hope you will consider participating in intercollegiate athletics at Martin Luther College, and we would like to share a few important items for your consideration.

MLC is an NCAA Division III school and currently has 18 sponsored intercollegiate athletic teams. In the fall we offer cross country, football, golf, soccer and volleyball. In the winter, we have men's basketball, women's basketball and men's & women's indoor track. Spring sports include softball, baseball, tennis, track. We also offer various intramurals throughout the year. We want you to have every opportunity to be involved, and we hope you make use of our facilities!

Please complete the Athletic Interest Inventory Form which can be found on the New Student Checklist, on the MLC Portal. This will make certain you receive the proper information from the Athletic Department and your coach.

Here are the **REQUIREMENTS** and **DEADLINES** for all student-athletes, should you decide to participate in intercollegiate athletics:

1. **NEW: All student-athlete forms need to be completed and submitted online.** You will need to be logged into the MLC portal. Once you have completed the Athletic Interest Inventory Form (on the New Student Checklist), you will see the additional list of required student-athlete forms. These forms can also be found on the athletic website at: www.mlcknights.com/forms. All forms are **due by JULY 15th** to ensure you will be cleared for participation.
2. **All athletes need a physical exam prior to participation.** Please download and print the [MLC Physical Exam Form](#) and take it to your doctor's appointment (keep a signed copy for your records). You will be asked to upload a copy of this form on the MLC portal while completing the student-athlete forms online. This physical is valid for 2 years. You will need a new physical prior to junior year.
3. All new athletes need to **provide results of a sickle cell test, as required by the NCAA.** You may be able to get a copy of these results from the hospital where you were born. If not, you will need to have a sickle cell test done at the time of your physical exam (and needs to be scheduled prior to your appointment). These results may take a few days to receive. Please upload the results once you receive them, to complete the Sickle Cell Trait Form. **No athlete will be allowed to condition or practice with the team, until we have proof of this test.**
4. If you have a **prescription for ADHD medication or an asthma inhaler**, you will need additional documentation from your doctor, stating the details of the prescription and when it was first prescribed. Please have your physician complete the Doctor's Note and upload it when completing the Athletic's Physical Exam Form online.
5. **All student-athletes must have insurance**, which includes a major-medical policy. This is required for all NCAA intercollegiate athletes, and is the student-athlete's responsibility. We will need this information submitted prior to any practice or conditioning. You will be asked to upload a **copy of your insurance card (front & back) when you are completing this online form.**

Please take time to review the information on the [Athletic Training Page](#), prior to completing the student-athlete forms. Some of this information pertains to the forms you will be completing (sickle cell trait information, concussion facts, injuries, etc).

Your coach will let you know when practices will begin, and when you need to be on campus. Please continue to check your MLC email throughout the summer!

When scheduling your classes, you may want to avoid late afternoon or evening classes (if possible). These may interfere with practice times and games.

We would like your experiences at Martin Luther College to be very rich and rewarding. The athletic department will do its best to make this become a reality. Feel free to contact us at any time, and we hope that we will be meeting you in the very near future.

Blessings,

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