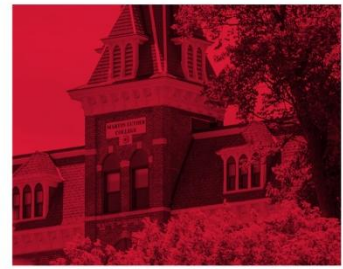




MARTIN LUTHER COLLEGE

# knightwatch

WEEKLY



APRIL 17, 2026

## Three Spring Athletes – In Their Own Words



### **Britney Prah** - Tennis (*Litchfield HS-MN / St. Paul-New Ulm MN*)

**What she loves:** Being part of a team where faith is woven into everything we do. It's not just about competing—it's about growing together, encouraging each other, and keeping Christ at the center of it all.

**Lessons for life—and ministry:** I'm learning how to push through difficult moments. I'm also growing in my ability to show up for others. Being on a team has taught me the importance of selflessness, accountability, and encouraging others—lessons that extend far beyond athletics.

**Coach Krause:** It's clear she carries Christ in her heart and truly wants the best for each one of us. One of the most meaningful parts of our season has been gathering at her house for weekly Bible studies. They've strengthened our team bond and our faith. I'm so grateful for the love and effort she pours into all of us.

### **Mark Vogel** - Baseball (*Michigan Luth Seminary / Holy Trinity-Wyoming MI*)

**Finding your people:** I love playing baseball, especially here at MLC, because of the friends I've made. The first day of freshman orientation, the guy across the hall saw I had my baseball bag with me, and instantly he became one of my closest friends.

**Headin' to the Betty:** The ability to play and grow all year long is amazing. The Betty Kohn Fieldhouse allows us to work on our craft and really grow as a team.

**Staying positive:** Baseball is a game of failure. If you hit a ball only 3 of 10 at-bats, you're doing amazing. That makes it important to stay positive and battle through adversity. How are you going to step up? How will you lead others in your ministry through hard times?

**Coach Cox:** He would do anything for these players. And he's surrounded himself with assistants, Coach Kamm and Coach Mielke, who are great role models for the team.



### **Chloe Berg** - Softball (*Lakeside LHS / David's Star-Jackson WI*)

**Team = family:** Softball at MLC feels like a family. I relate to each and every one of my teammates because we're all studying to be teachers and we share the same beliefs.

**Joy in the moment:** I'm learning how to grow through failure and find joy in every moment. In softball, you can't stop and let the rough situation spiral out of control. This same idea applies to my future. I've learned the skills I need to push through the hard days and serve my Savior to the best of my abilities.

**Coach Kvam:** We have four fantastic coaches who put their hearts and souls into this program. Our head coach, Professor Becca Kvam has helped me work through so many tough days and games. She cares so much about each individual team member, is so knowledgeable about the game, and lets her light shine in all situations.