

## Knights Athletes – In Their Own Words



**Lydia Feidt**

FVL / St. Paul-Appleton WI  
Junior elementary ed major  
Basketball & volleyball



**Jeremiah Stanton**

LPS / Redemption-Milwaukee  
Junior preseminary studies major  
Indoor/Outdoor track & football



**Trey Lauber**

Lakeside / St. Paul-Lake Mills WI  
Sophomore social studies ed major  
Basketball

**“Team” means something special:** Being part of a close-knit group that supports each other on and off the court makes the experience really special. Everyone has the same goal of becoming future educators and the same trust in Jesus as our Savior.

**Great coaching:** Coach Gawrisch really gets to know us. He takes the time to understand our strengths, challenges, and what motivates us, which makes a huge difference in how we connect as a team.

**Life lessons:** Sports have taught me teamwork, leadership, and so much more that I can take with me into my future ministry. Sports have taught me to push past my limits and trust in the people around me. I’ve also grown in my ability to handle both victories and defeats with grace.

**Using the gifts:** Sports at MLC teach me to use the gifts and abilities God’s given me. They also help me realize that everyone has different gifts, some of which are useful in ministry—like leadership, teamwork, and teaching and learning from others.

**Everything is bigger in college:** College sports are much more intense than high school, even at the D3 level. Athletes are faster and stronger. And it can get a little busy with homework, practice, and work, but you learn to manage your time.

**Coaches and role models:** Our coaches communicate well with us athletes and help us prepare to compete to the best of our ability. It’s easy here to build relationships with coaches and teammates.

**Representing Christ on the court:** Though we’re always competing and trying to defeat our opponents in every game, there’s still tons of room within the game to let your light shine through your actions and body language.

**Managing the clock:** Sports really help you become better at time management. During your season, you won’t have a whole lot of free time with school, practice, homework, and sometimes a job as well. This can prepare you for the potentially busy times in the ministry, and it can teach you how to handle them properly.

**Teammates and brothers:** The thing I like about sports here at MLC is that all of the fun and enjoyable parts about basketball, which I’ve liked all my life, are amplified by a strong Christian brotherhood within the team.