

MLC SportsPage



MARTIN LUTHER COLLEGE

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Men's Track and Field Given Eight All-Conference Nods



All-Conference recognition is given to individuals who finished in first or second place in an individual event and to members of relay teams who finished in first place in a relay event at the UMAC Championship.

Jeremiah Stanton (*LPS, pictured*) was Top Scoring Athlete of the Meet, putting on a versatile performance in four separate events. Stanton placed first in the 400-meter hurdles (57.03 seconds) and the Long Jump (6.40 meters), while earning second place in the Triple Jump (13.69 meters).

Samuel Plocher (*Evergreen*) claimed first place in the High Jump (1.91 meters) and the 110-meter hurdles (15.08 seconds). Both Stanton and Plocher will compete Friday, May 10, at UW-La Crosse to qualify for the D-III Outdoor Nationals.

Earning All-UMAC recognition for second-place finishes were **Martin Raasch** (*GPLHS*) in the 400-meter dash (51.55 seconds), **Camden Sulzle** (*LPS*) in both the 5000-meter run (16:23.23) and the 3000-meter Steeplechase (10:09.58), **Jack Pittenger** (*Evergreen*) in the javelin throw (44.21 meters), and **Micah Schibbelhut** (*Luther*) in the pole vault (4.14 meters, a new school record).

The 4x100 relay team of Stanton, Raasch, **Lucas Holtz** (*LPS*) and **Stephen Wietzke** (*Pueblo West CO*) finished first (43.34 seconds), a new school record.

Women's Track and Field Earns Five All-UMAC Honors

The 2024 coaching staff of Head Coach **Breanna Olson** and assistant coaches **Isaiah Degner**, **Benjamin Olson**, **Tony Ortmann**, and **Emma Holzhueter** was named Coaching Staff of the Year for the women.

Elise Nolte (*FVL, pictured*) earned second place in the shot put (11.85 meters). Nolte also broke the MLC women's record in the hammer throw (38.49 meters).

Maya Habben (*LPS*) placed second in the 3000-meter Steeplechase (12:38.89), **Elena Brauer** (*Evergreen*) took second in the High Jump (1.52 meters), and **Madelinn Romsdahl** (*Clyde A Erwin AZ*) claimed second in the discus (36.49 meters).



Baseball Finishes on a High Note Against Northland

The baseball team picked up a 10-3 win on Saturday, May 4, and a 6-2 victory over Northland on Sunday, May 5. Head to mlcknights.com for recaps on the Knights' final series of the season.