

# MLC SportsPage



MARTIN LUTHER COLLEGE

www.mlc-wels.edu

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## Lauren Paulsen Takes Home UMAC Player of the Week

**Lauren Paulsen** (*LPS, pictured*) has been named the UMAC Women's Basketball Player of the Week (January 8-14), as announced by the conference on Tuesday morning.

The accolade comes after Paulsen averaged 22.5 ppg in games against Crown College and Minnesota Morris.

The junior was instrumental in the Knights' 80-71 victory over the Polars on Friday, January 12, after she recorded a career-high 23 points, nine rebounds, and two blocks.

Paulsen followed that effort with another strong showing against the Cougars on Saturday, finishing with 22 points, five boards, and three steals. The guard was also efficient from the field, shooting 67 percent and 5-of-7 from distance.

"I'm happy for Lauren," said Head Coach Dan Gawrisch. "She's been playing with tremendous confidence on both ends of the court, and it's carried over to our team. Hopefully this can continue as we make strides to improve the rest of the season."



## Samuel Plocher Earns UMAC Athlete of the Week



**Samuel Plocher** (*Evergreen, pictured*) earned the UMAC Men's Indoor Field Athlete of the Week (January 8-14), as announced by the conference on Tuesday morning.

Plocher had an impressive debut at the Black & Gold Showcase hosted by Gustavus on Saturday, January 13. The first-year placed first in multiple events, including the High Jump (2.00 meters) and the 55m Hurdles (8.10 seconds).

"We're excited that Sam got this honor and are looking forward to what he can do moving forward in his freshman season," said Head Coach Breanna Olson.

### Upcoming Events

- 1/19 WBB @ Northland  
MBB @ Northland
- 1/20 ITK @ St. Olaf  
WBB @ UW-Superior  
MBB @ UW-Superior
- 1/22 WBB vs. Maranatha (at LPS)  
MBB vs. Maranatha (at LPS)
- 1/23 WBB @ Maranatha  
MBB @ Maranatha