

Women's Cross Country Wins UMAC

The women's cross country team won the UMAC Cross Country Championships on Saturday, October 30. The win was the program's first conference title since 1995.

The Knights finished the event with 44 total points, 16 better than second-place Minnesota Morris. **Abigail Buege** (*LPS*) led the way in second place, while **Maya Habben** (*LPS*) and **Hannah Kratz** (*GPLHS*) finished fourth and seventh, respectively. All three runners were named First Team All-UMAC for their efforts. Buege's secondplace finish was the best by an MLC runner since the 2006 conference championships.

Leah Nushart *(Manitowoc LHS)* was named Second Team All-UMAC after taking 14th place, while second-year coach Breanna Olson was named Coach of the Year.



Habben eyes the finish line

Men's Soccer Closes Season with Four Straight Wins



Hirsch wins a header

The men's soccer team ended the 2021 season on a high note with four straight wins.

After sweeping the final home weekend with wins over Minnesota Morris and Crown on October 22-23, the Knights went on the road last week to defeat North Central (4-0) and Northwestern (3-2 in overtime).

Clay Hirsch (*LPS*) scored two goals in the Knights 4-0 win at North Central, while **Lucas Martin** (*LPS*) and **Josiah Wordell** (*KMLHS*) added the other two tallies. **Michael Friesenegger** (*LPS*) stopped all 10 shots on goal he faced to record his first career shutout.

Xander Heiman (*LPS*) scored the game-winner in overtime on Saturday at Northwestern. Martin and **Isaias Santos** (*LPS*) also scored goals in the win.

Men's Cross Country Takes Second Place

Five men's cross country runners finished in the top 13 of Saturday's UMAC Cross Country Championships to lead the Knights to a second-place finish.

Upcoming Events at MLC

- 11/3 VB @Northwestern
- 11/5 WBB v. Macalester XC @Saint John's MBB v. Beloit
- 11/6 FB @Westminster MBB v. Lakeland

Ryan Maertz (*GPLHS*) and **Camden Sulzle** (*LPS*) were named First Team All-UMAC after

taking home top-eight finishes.

First-year runners Luke Wegner (WISCO), Joshua Zander (Manitowoc LHS), and Micah Schibbelhut (Luther) were each named Second Team All-UMAC after finishing 10th, 12th, and 13th, respectively.



Maertz pushes the pace