



Volleyball Defeats Vikings in Five

The volleyball team finished off a season sweep of Bethany Lutheran with a five-set win over the Vikings on October 12.

The Knights swept the Vikings 3-0 in the first meeting back on September 21, but had to fight them off in the return match at home. MLC dropped the first set but came back to win the next two 25-23 and 25-15. After BLC won the fourth game, the Knights closed the match with a 15-11 win in the fifth and final set.

Kelsey Birschbach (*Lakeside*), **Lauren Paulsen** (*LPS*), and **Rhianna Hunter** (*LPS*) each recorded at least 10 kills in the win.



Paulsen skies for the kill

Cross Country Ready for UMAC Championships



Kratz eyes the finish

The cross country teams ran well at the St. Boni Invite on October 15 in their final tune-up before next week's UMAC Cross Country Championships.

Both the men and women finished second out of five teams at the event. The men trailed only Saint John's, while the women finished behind Carleton. Both teams finished ahead of the three other UMAC schools in attendance.

Maya Habben (*LPS*), **Abigail Buege** (*LPS*), and **Hannah Kratz** (*GPLHS*) each finished in the top seven to lead the women, with Habben running a team-best time of 25:08 in the 6K race. **Ryan Maertz** (*GPLHS*) and **Camden Sulzle** (*LPS*) each took home top-10 finishes for the men. Maertz led the way in sixth place with a time of 28:46 in the 8K race.

Lindemann Leads Knights at UMAC Championships

Kyle Lindemann (*LPS*) tied for 12th place at the UMAC Golf Championships on October 9 to lead the MLC men and women at the event.

Lindemann carded rounds of 77 and 75 on the first two days before shooting 85 in the final round. His second-round 75 marked his best-ever round in collegiate competition. **John Fix** (*LPS*) was next up for the Knights in 25th place.

Lexi Fischer (*MVL*) led the MLC women with an 18th-place finish. She finished with a three-day total of 300 strokes, including a season-low round of 97 on the final day.



Lindemann on the tee

Upcoming Events at MLC

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| 10/22 | SO v. Minnesota Morris
VB @Crown |
| 10/23 | VB @Minnesota Morris
FB v. Minnesota Morris
SO v. Crown
VB v. UW-Stout (@UMM) |