



Women's Track Breaks Program Record

The women's track and field team set a new program record on the way to a third-place finish at the UMAC Outdoor Championships last week.

The Knights finished the two-day event with 111.5 points, more than doubling its previous high total of 55 at the event in 2015.

Janae Jensen (*Lakeside*) led the way, taking first place in the Triple Jump and second place in both the Long Jump and 100 Meter Dash. **Madelyn Plitzuweit** (*Lakeside*) finished in the top seven in three different events, while **Erika Gosch** (*GPLHS*) took home third place in the Javelin Throw. **Maya Habben** (*LPS*) and **Hannah Kratz** (*GPLHS*) each added fourth-place finishes at the meet.



Jensen in the Long Jump

Women's Soccer Defeats Crown 3-1



Schroeder takes the shot

The women's soccer team split a pair of games to close the season last week, defeating Crown 3-1 on May 5 before losing 2-1 at Bethany Lutheran on May 8 in the fifth-place game of the UMAC Postseason Tournament.

Hannah Schroeder (*LPS*) played a prominent role in both games offensively for MLC, scoring two goals in the win over Crown and then adding the team's only goal at BLC. Schroeder finished her debut season with a team-high eight goals, which also tied for fifth-best in the UMAC.

Junior defender **Rebecca Krug** (*FVL*) was named First Team All-UMAC at the end of the season. **Lydia Bitter** (*Bemidji MN*) and **Mollie Fischer** (*Shoreland*) were each named Second Team All-UMAC.

Foelske Leads Men's Track to Fourth-Place Finish

The men's track and field team finished fourth at the UMAC Outdoor Championships last week.

Caleb Foelske (*Manitowoc LHS*) finished his strong season with second-place finishes in the Shot Put, Discus, and Javelin Throw events to account for 24 of the team's 94.5 points at the meet. Foelske already holds the school record in the Discus, and came within 0.03 meters from the record in the Shot Put.

Gustav Wenz (*Shepherd MT*) finished first in the Javelin Throw for the team's top finish. **Ryan Maertz** (*GPLHS*) accounted for 12 points, thanks to top-five finishes in the 1500 Meters, 5000 Meters, and 3000 Meter Steeplechase.



Foelske in the Javelin Throw