

MLC SportsPage



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MARTIN LUTHER COLLEGE

UMAC Fall Feature: Ethan Carter

Q: What do you most enjoy about being a student-athlete at MLC?

A: It is a really awesome opportunity to make new friends in your school, and even other institutions.

Q: What advice would you give to your younger self in order to be successful?

A: Just when you think you have had enough, I know that you can run harder. Enjoy the success afterwards even if it is not exactly how you pictured it.

Q: What has been one of your favorite academic pursuits at MLC?

A: Tackling the Greek and Hebrew languages for my program has been one of the toughest, but most rewarding, experiences of my life.



Carter (LPS) sets the pace (2019)

Buchholz, Koelpin Lead Comeback Comeback Win



Biesterfeld sets Buchholz

The volleyball team played its first intrasquad scrimmage of the fall, and the Black team, featuring two seniors and a number of impressive newcomers, overcame a 2-0 deficit to win in five sets in front of 100 students and faculty in attendance.

The Red team jumped to an early two-set lead, thanks to strong performances from **Rhianna Hunter** (LPS) and **Megan Riley** (LPS), but seniors **Kati Koelpin** (CLHS) and **Ruth Buchholz** (ALA) led the otherwise inexperienced Black team back to win in five games.

Koelpin and Buchholz each finished with 12 kills, and Koelpin also finished with a match-high 16 digs. First-year setter **Paige Biesterfeld** (ILHS) recorded a match-high 40 assists in the win.

Today in MLC Athletics History . . .

On September 30, 2006, the volleyball team capped a 4-0 weekend with a four-set win over Northwestern by the scores of 30-21, 30-24, 25-30, 30-26.

After defeating St. Scholastica (3-2), Northland (3-0), and Crown (3-0) earlier in the weekend, the Knights topped the Eagles 3-1, thanks to 20 kills and 25 digs from **Danielle Kramer** '07. **Shawna Mehlberg** '08 added 14 kills (only one error) and six blocks, while **Emily Buck** '07 finished with a match-best 55 assists to go with 21 digs.

That win over UNW is the most recent MLC win over the perennial UMAC power, and it also helped the Knights to the program's last UMAC regular season championship.



Kramer goes for the kill (2006)