



Five Women's Soccer Players Named All-UMAC

Five MLC women's soccer players received All-UMAC honors on Tuesday. **Courtney Ritter** (*Michigan LHS*) was named First Team All-UMAC. **Mollie Fischer** (*Shoreland*) and **Lydia Bitter** (*Bemidji MN*) were named to the second team, and **Sarah Kjenstad** (*GPLHS*) and **Mary Falck** (*KMLHS*) received honorable mention.

Ritter and Kjenstad paired in the middle of an MLC defense that held conference opponents to only seven goals in eight games. The two experienced defenders combined with Fischer in goal to record seven shutouts during the season, including four during UMAC play. Bitter led the team with six goals and 14 points, while Falck finished second on the team with four goals and 10 points.



Ritter dribbles out of trouble

Football Clinches Automatic Qualifier



DeNoyer breaks a tackle

The football team clinched the UMAC's automatic qualifier into the 2019 NCAA Division III Championships, as well as at least a share of its second consecutive conference championship, with a 35-22 win at MacMurray.

The Knights jumped in front early with the help of two touchdown runs by **Joshuah Kren** (*WISCO*), and then pulled away in the second half following a 48-yard touchdown run by **Austin DeNoyer** (*Lakeside*) to open the third quarter.

DeNoyer ran for a team-high 173 yards in the game and now has 1,081 rushing yards for the season. That number is only five yards shy of his MLC single-season record set last year, and also makes him just the second MLC runner to rush for at least 1,000 yards twice in a career.

Women Drop Home Opener to Viterbo

The women's basketball team is still looking for its first win of the season following a 65-40 loss to Viterbo in the home opener on November 12.

Upcoming Events at MLC

- 11/15 MBB v. Oak Hills Christian
- 11/16 XC @NCAA DIII Regionals
FB @Crown
WBB v. UW-River Falls
MBB @Bemidji State
- 11/19 WBB v. Gustavus Adolphus

The Knights struggled to find offense throughout the game, as sophomore **Emily Witkowski** (*Michigan LHS*) was the lone MLC player in double figures with 12 points.

Witkowski has led the Knights in scoring in each of the first three games and is averaging 12.3 points and 6.7 rebounds so far this season.



Witkowski shoots for three