

MLC SportsPage



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MARTIN LUTHER COLLEGE

Ethan Carter Named Runner of the Week

Junior **Ethan Carter** (*LPS*) was named UMAC Men's Cross Country Runner of the Week on Monday after winning the BLC Viking XC Invitational last week.

Carter won the 8,000 meter event by a full minute over his closest competitor with a time of 28:36.4. Carter was one of six MLC runners to finish in the top 10 at the race, helping the Knights to a first-place finish overall.

Jacob Melso (*LPS*), **Ryan Maertz** (*GPLHS*), and **Levi Stelljes** (*MVL*) also finished the race in the top five, while **Josiah Loersch** (*LPS*) and **Caleb Lash** (*Shoreland*) both finished in the top 10.



Carter eyes the finish line

Women's Soccer Scores Five in Shutout Win



Fischer boots it away

The women's soccer team returned to action with a 5-0 win over North Central in non-conference action on Tuesday, September 10.

The Knights scored three times in the first half on goals from **Erika Rosenbaum** (*Michigan LHS*), **Francis Santos Hernandez** (*LPS*), and **Nicole Porter** (*MVL*), and then added scores from **Emily Witkowski** (*Michigan LHS*) and **Carissa Friebe** (*MLS*) in the second half. **Avery Broyles** (*Meridian ID*) recorded two assists, while Friebe, **Rebecca Krug** (*FVL*), and **Tabitha Vannieuwenhoven** (*LPS*) each finished with one helper.

Keeper **Mollie Fischer** (*Shoreland*) stopped all six shots she faced in goal to record her first shutout of the season.

Volleyball Tops Lawrence in Five

The volleyball team defeated Lawrence in a thrilling five-set match at UW-Oshkosh last week to record its first win of the young season.

The Knights came back from a 2-1 deficit in the match by winning the final two sets by the scores of 25-20 and 15-12 to secure the win.

Hanneh Willems (*Lakeside*) led the attack with 14 kills and zero errors, and was named to the All-Tournament team for her performance. **Jewel St. Germaine** (*LPS*) recorded 25 assists, 14 digs, and three service aces in the win.



St. Germaine sets the attack

Upcoming Events at MLC

- 9/13 VB @UW-Eau Claire Tourn.
WS v. Mount Mary
MS @Carroll
- 9/14 FB v. Rockford
WS @Saint Mary's
MS @Wisconsin Lutheran