Football Picked to Repeat in UMAC Preseason Poll

The football team won its first UMAC championship since 2009 last season and was picked to win the conference again in the 2019 UMAC Preseason Coaches' Poll.

The Knights ran through the UMAC with an unbeaten 8-0 conference record last season and return 16 starters from that team. Running back **Austin DeNoyer** (*Lakeside*) was named UMAC Most Valuable Offensive Player last season and returns for his junior season to lead the offense.

On defense, seniors **Keith Brassow** (MLS), **Tristan Pankow** (MLS), and **Dan Gensmer** (MLS) each return after First Team All-UMAC seasons in 2018.



DeNoyer breaks free

Soccer Teams Set to Open Season



MARTIN LUTHER COLLEGE

Graumann looks to score

The men's and women's soccer teams will open the season on Friday, August 30, with a doubleheader at Buena Vista University.

The men were picked to finish third in the UMAC Preseason Coaches' Poll after recording a 7-3-2 conference record last season. The Knights lost a number of key performers from that group, but return UMAC Offensive Player of the Year **Joe Graumann** (*Lakeside*), who led the conference in goals (10), assists (7), and points (27) in UMAC play in 2018.

The women tied for sixth place in the preseason poll following a 3-8-1 season in 2018. They return nine players who started at least 16 games last season, led by **Lydia Bitter** (*Bemidji MN*), who was named Second Team All-UMAC last season.

Volleyball Picked Sixth in Preseason Poll

The volleyball team is looking to get back to the UMAC Postseason Tournament in 2019 and was picked to finish sixth in the conference preseason poll last week.

Upcoming Events at MLC

8/30 G @Twin Ports Inv. VB @Beloit Tourn. SO @Buena Vista

8/31 XC @Crown
G @Twin Ports Inv.
VB @Beloit Tourn.
MS v. St. Olaf

The Knights return six of their seven starters from last year's team that finished 7-9 in league play and just missed the fifth and final spot in the conference tournament.

Junior **Kati Aguilar** (*CLHS*) returns as the team's top hitter after averaging 2.24 kills per set in 2018. Sophomore libero **Katelyn Aswege** (*KMLHS*) was named Honorable Mention All-UMAC in her debut season.



Aguilar goes for the kill