

knightwatch weekly



MARTIN LUTHER COLLEGE

www.mlc-wels.edu

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LHS / St. Paul-Onalaska WI

How to Survive & Thrive the First Three Weeks



Take an Ice Cream Break

Moose Tracks, Monster Cookie, Java Chunk, and Cotton Candy are all favorite ice cream flavors at MLC. It's not yet verified by science, but many MLC ice cream-eaters report noticeable increases in mood and efficiency after a sweet, creamy break. Pictured: **Emma Dorn** (Illinois LHS / Trinity-Crete IL)



Meet your RA

MLC RAs are stationed on each floor to help out fellow students however they can. They welcomed the first-year students to MLC by unpacking cars full of futons and clothes to make move-in day a breeze. Pictured: **Dan Spaude** (Antigo HS-WI / Ascension-Antigo WI) and **Matt Zeng** (LPS / New Life-Shoreview MN)



Play with Wilson

A cuddle or a game of tug-o-war with this lovable dog just might make your day. We love Wilson, and Wilson loves his home in the Augustana dorms with Ms. Scharf, the dorm supervisor. Pictured: **Buok Chuol** (Nebraska LHS / Good Shepherd-Omaha NE)



Learn and Laugh in Class

Getting back to class and hitting the books is a blast when you're surrounded by friends. These students are laughing and learning lots in "Introduction to Urban Education." Pictured, front row: **Matt Spoerl** (FVL / First-Green Bay WI), **Urvin Lewis** (LPS / St. John-St. John's Antigua), and **Sarah Quinn** (Wisconsin Dells HS-WI / St. John-Baraboo WI)



Stay Connected to Jesus

Jumping into a new school year is an adjustment. The best way to thrive is by spending time with our Savior. Bible studies, chapel services, and personal time with God's Word offer constant assurance that we can always rejoice as changes come our way! Pictured from right: **Anne Manske** (FVL / Mount Olive-Appleton WI), **Samantha Kohls** (Lakeside / St. John-Waterloo WI), **Aiden Holien** (GPL / St. Martin-Watertown SD), and **Adam Arrowsmith** (MLS / Trinity-Bay City MI)