

MLC SportsPage



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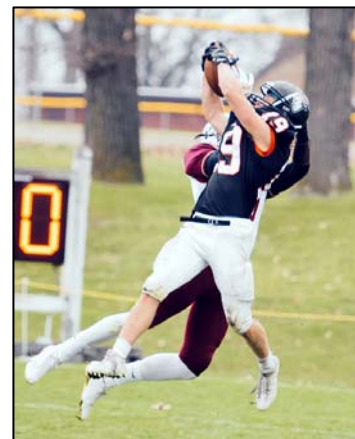
MARTIN LUTHER COLLEGE

Football Picked Sixth in UMAC Preseason Poll

The football team was picked sixth in the UMAC Preseason Coaches' Poll released by the conference last week. The Knights finished last season in a tie for sixth place with a 4-5 conference record and 5-5 record overall.

MLC returns 18 starters this season, including four All-UMAC selections from last season. Seniors **Josh Arndt** (*SCLA*) and **Josh Frailing** (*FVL*) return to lead the offense, while juniors **Joe Herrewig** (*WLA*) and **Tristan Pankow** (*MLS*) will lead the defense.

The Knights open the season on Saturday, September 1, against Gustavus Adolphus.



Herrewig gets the interception

Soccer Teams Ready to Open Season



Hill on the attack

The men's and women's soccer teams open the season Friday. The women host Saint Mary's, while the men travel to St. Olaf before hosting Saint Mary's on Saturday.

The men were picked fifth in the UMAC Preseason Coaches' Poll released earlier this week. The Knights finished fifth in the final standings last season and return leading goal-scorer **Joe Graumann** (*Lakeside*) to go along with seniors **Josh Koelpin** (*MVL*), **Justin Digman** (*WLA*), and **Aaron Swanson** (*SCLA*).

UMAC coaches picked the MLC women to finish sixth in the conference this season after taking fourth place in 2017. Junior **Morgan Hill** (*LPS*) and sophomore **Lydia Bitter** (*Bemidji MN*) return after scoring seven goals apiece for the Knights last season. Sophomore **Erika Rosenbaum** (*Michigan LHS*) returns to lead the defense.

Bitter, Gurgel Set to Lead Cross Country Team

The cross country teams are hoping to build off a strong close to the 2017 season when they open the 2018 campaign this weekend at Viterbo.

Upcoming Events at MLC

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|------|--|
| 8/31 | VB @St. Olaf/St. Kate's
G @St. Scholastica/UWS
MS @St. Olaf
WS v. Saint Mary's
XC @Viterbo |
| 9/1 | VB @Carleton
FB v. Gustavus Adolphus
MS v. Saint Mary's |

The men finished second at last year's UMAC Championships and were picked to finish third this season thanks to the return of junior All-UMAC performers **Ben Bitter** (*WISCO*) and **Ryan Gurgel** (*KMLHS*).

The women took fourth at the conference meet last year and were picked to finish fourth this season. They will be led by sophomore **Leah Miller** (*LPS*) and senior **Sydney Cody** (*Lakeside*).



Gurgel sets the pace