

knightwatch weekly



MARTIN LUTHER COLLEGE

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Student Editor: Julia Schibbelhut
LHS / St. Paul-Onalaska WI

6 Tips from Student Athletes

If *High School Musical* taught us anything, it's that mixing sports and school can be tricky—but worth it. Here are some strategies for success from MLC athletes.

Faith Otte (*NELHS / Bethel-York NE*)

1. Always have personal devotion time. Then everything else really does seem less stressful!
2. Be willing to say "no." You can't do it all, so focus on what's important!

Andrew Scharf (*LPS / Abiding Grace-Covington GA*)

3. Stay organized!
4. Instead of stressing, pray. God will help you through it!

Elijah Kroll (*Lincoln HS-MN / St. John-Lake City MN*)

5. Keep up communication with loved ones and get involved in the student body. Focusing on others can help you relax and refocus.
6. Go to chapel. Worshiping with people who share your faith can encourage you to focus on why you're really here at MLC.



Emily Witkowski (*Michigan LHS / Grace-St. Joseph MI*) and **Crystal Carmichael** (*St. Croix / Bloomington-Bloomington MN*) keep their eyes on the ball with laser focus—just like they focus on their goal of serving God as teachers.



Gabe Plocher (*MLS / St. Luke-Vassar MI*), **Moriah Hackbarth** (*Lakeside / St. Paul-Lake Mills WI*), and **Ruth Buchholz** (*ALA / Emmanuel-Tempe AZ*)

Knights + Numbers + Nibbles = Meet Math

Have you ever wondered who writes the crazy questions for those Meet Math tests you take a whack at every few weeks? Former Meet Math masters are now the makers! "It's cool being on this side of the curtain, writing problems," says **Gabe Plocher**, "especially after taking the test for years."

More than $\sqrt{225}$ (get it?) MLC math lovers (or cravers of the faithfully provided treats) meet up to write questions for students in grades 5-12. "I love seeing friends come together to have fun with math," says **Moriah Hackbarth**.

As you puzzle through Meet Math questions about cheese curds or hula hoops, you can look forward to the time when you might create questions of your own!

Everyone's invited to Meet Math writing parties! We hope to see you there!

PROFile: Professor James Carlovsky

What do you like about teaching math at MLC? "I love teaching teachers about how math really works. The 'why' is so important in teaching math at all levels."

What do you do in your free time? "My wife and five children and I love sports and traveling. Almost breaking down in the Badlands during the afternoon of July 4th, with no help for miles, was definitely an experience I would not like to relive!"

Where did you go to high school? "I attended MLPS and then LPS. At LPS, we drove the streets of Watertown, singing Christmas songs out of season to the townies from our microphone-equipped van. We thought we were so cool at the time!"



Prof. Carlovsky happily helps out **Becky Boehlke** (*St. Croix / Crown of Life-West St. Paul MN*).