



Cross Country Wins Home Event

The cross country teams hosted the Conquer Mt. Doom Invitational on Saturday at Flandrau State Park to kick off the Homecoming festivities. The men won the event, while the women took fourth.

Darian Schnose (*MLS*) was the top MLC runner on the men's side in second place with a time of 28:09.3. He was followed by **Ryan Gurgel** (*KMLHS*) and **Ben Bitter** (*WISCO*) in third and fourth place, respectively. **Jonathan Fleischmann** (*Kaukauna WI*) and **Justin Wilkens** (*Haymarket VA*) also finished inside the top ten.

Sydney Cody (*Lakeside*) was the top MLC runner on the women's side in tenth place.



Schnose sets the pace

Emily Neeb Records 1,000 Career Digs



Neeb in position for the dig

Senior libero **Emily Neeb** (*ALA*) became the ninth MLC volleyball player to record at least 1,000 career digs in the team's 3-0 win over Northland on October 1.

Neeb entered the day needing five digs to reach the milestone, and finished the match with nine in front of the Homecoming crowd.

Neeb's milestone was the exclamation point on a dominant MLC performance, as the Knights improved to 3-0 in UMAC play by sweeping the Lumberjills.

Jade St. Germaine (*LPS*) led MLC with 11 kills, while **Grace Schultz** (*FVL*) hit .500 and finished with eight kills. **Kira Grev** (*SCLHS*) led the team with 11 digs and added nine kills in the win.

Men Move to 3-1 in UMAC Play

The men's soccer team improved to 3-1 in UMAC play with a 3-0 win over Northland on October 1 to close a busy Homecoming Saturday on campus.

Aaron Swanson (*SCLHS*), **Joseph Graumann** (*Lakeside*), and **Aaron Markgraf** (*WLA*) each scored one goal for MLC in the win, while keeper **Caleb King** (*WLA*) recorded his first shutout of the season, stopping all five shots on goal.

Markgraf and Swanson also scored goals in a 3-2 win over Buena Vista on September 28.



Swanson scans the field

Upcoming Events at MLC

10/6-8 G @UMAC Championships

10/8 XC @Lawrence
VB @St. Scholastica/Hamline
MS v. North Central
WS v. North Central
FB @Minnesota Morris