

Golf Teams Ready for UMAC Championship

The golf teams are ready for this weekend's UMAC Championship after participating in the two-day Viking Invite last weekend.

The women took sixth at the event and set a new season-low total of 410 strokes on Saturday. Alison Lindemann (*LPS*) led the team in 17^{th} place, while Katheryn Hansen (*GPLHS*) and Sydney Peterson (*GPLHS*) each shot new career-best rounds.

The men finished in seventh place, led by **Ethan Jaeger** (*GPLHS*) in a tie for 19^{th} place. **Alex Lindemann** (*LPS*) shot a career-best round of 75 on Saturday, which was also the lowest round by an MLC player this season.



Alex Lindemann on the tee

Bitter Leads Knights to First Place at WLC



Bitter leads the pack

Sophomore **Ben Bitter** (*WISCO*) earned UMAC Men's Cross Country Runner of the Week honors for the second time this season after his performance on Saturday at Wisconsin Lutheran College. This is the fourth time in Bitter's career he has won the award in either cross country or track and field.

Bitter finished second out of 150 runners at the event thanks to a personal-best time of 25:57.72. That finish pushed the Knights to first place in the final team standings out of 15 teams in attendance.

Joining Bitter in the top ten at WLC were teammates **Ryan Gurgel** (*KMLHS*) and **Justin Wilkens** (*Haymarket VA*), while **Joshua Brands** (*LPS*) and **Jonathan Fleischmann** (*Austin MN*) rounded out the MLC top five with top 25 finishes.

Weisensel Named Defensive Player of the Week

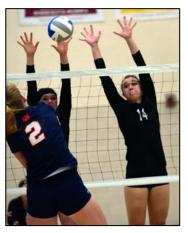
Senior middle hitter **Rylee Weisensel** (*MVL*) was named UMAC Volleyball Defensive Player of the Week on Monday.

Upcoming Events at MLC

- 10/5-7 G @UMAC Championhip
- 10/6 VB @UW-Eau Claire Tourn. XC @Loras
- 10/7 FB v. Minnesota Morris SO @St. Scholastica

Weisensel played in all four of MLC's matches last week and averaged 1.19 blocks per set. In the Knights' five-set win over UW-Superior on September 27, Weisensel set a new season high with eight total blocks.

Weisensel leads the UMAC in blocks per set (1.03) during conference play. She also ranks fourth in MLC history with 236 career assisted blocks.



Weisensel goes for the block