

Arndt Continues Climb Up Career Rankings

Junior wide receiver **Josh Arndt** (*SCLHS*) moved up the MLC career rankings with another strong performance in the football team's loss at St. Scholastica on Saturday.

Arndt caught two passes for 85 yards, including a 60-yard touchdown catch in the second half of the game.

Arndt now ranks fourth in program history with 16 career touchdown receptions. He has moved into fifth place in career receiving yards (1,322). This season Arndt has three touchdown receptions of at least 50 yards and has six total receiving touchdowns.



```
Arndt runs down the sideline
```

Women's Soccer Shuts Out Two More



The women's soccer team improved to 6-1-1 in UMAC play with a pair of shutout wins over Crown and UW-Superior last week.

The Knights rolled to a 5-0 win over Crown thanks to goals by **Martha Balge** (*MVL*), **Morgan Hill** (*LPS*), **Danielle Hall** (*WLA*), **Mary Falck** (*KMLHS*), and **Sarah Kell** (*WLA*). The defense held the Storm to one shot on goal in the game.

Hill scored the only goal against UW-Superior in the third minute of overtime to give the Knights the 1-0 win.

Kell won UMAC Defensive Player of the Week honors after her first career goal, and also helping the Knights to their sixth shutout of a UMAC opponent in eight games.

Kell plays it forward

Men's Soccer Tops Storm 2-1

The men's soccer team held off a tough Crown team to earn a 2-1 conference win on Wednesday, October 11.

Upcoming Events at MLC

- 10/18 VB @Buena Vista
- 10/21 WS v. Northwestern FB v. Northwestern MS v. Northwestern VB @Northland
- 10/23 WS @Bethel

The Knights built a 2-0 lead with goals late in the first half by **Luke Meihack** (*WLA*) and **Josh Koelpin** (*MVL*), and then held off the Storm in the second half to preserve the 2-1 win.

Heading down the stretch of the regular season, the Knights sit in fifth place in the UMAC with a 4-4 conference record. The top five teams in the final conference standings earn a spot in the UMAC Postseason Tournament.



Koelpin keeps possession