



Volleyball Tops CSS in UMAC Quarterfinal

The volleyball team advanced to the semifinal round of the UMAC Postseason Tournament with a five-set win over St. Scholastica in Monday's quarterfinal.

The Knights fell behind 1-0 after the Saints made a big comeback to win the first game, but won three of the final four sets to win the match.

MLC finished the match with 80 kills, the highest total by the team since the 2006 season. **Jade St. Germaine** (*LPS*) recorded 26 of those kills to give her the highest single-match total by an MLC player since the 2013 season. **Kira Grev** (*SCLHS*), **Rylee Weisensel** (*MVL*), and **Moriah Hackbarth** (*Lakeside*) each had at least 14 kills.



St. Germaine skies for the kill

Cross Country Runs at UMAC Championships



Wilkens keeps pace

The cross country teams took home strong finishes at the UMAC Cross Country Championships on Saturday, October 28.

The men finished in second place for the second consecutive season. Sophomores **Ben Bitter** (*WISCO*) and **Ryan Gurgel** (*KMLHS*) finished second and fourth, respectively, at the event, while senior **Justin Wilkens** (*Haymarket VA*) finished seventh. All three runners earned First Team All-UMAC honors for their efforts.

The women took fourth place at the event, led by first-year runner **Leah Miller** (*LPS*) in 12th place. Miller was named Second Team All-UMAC following her strong debut season. **Rebecca Boehlke** (*SCLHS*) and **Sydney Cody** (*Lakeside*) finished just outside the top 15.

Football Tops Crown 44-28

The football team rushed for 414 yards in a 44-28 win at Crown College on Saturday to improve to 5-4 on the season.

Upcoming Events at MLC

- 11/1 VB @Northwestern
- 11/3 XC @Saint John's
- 11/4 FB v. Eureka

Ian Paulsen (*LPS*) and **Nate Stein** (*LPS*) each ran for more than 100 yards and one score in the game, while **Elliott Butler** (*Lakeside*) and **Josh Wong** (*MVL*) combined for three rushing touchdowns. **Josh Arndt** (*SCLHS*) also caught a touchdown pass from Paulsen in the game.

The 414 rushing yards was the highest single-game total by an MLC team since the 2012 season.



Paulsen runs to daylight