

knightwatch weekly



MARTIN LUTHER COLLEGE

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FVL / Bethlehem – Hortonville WI

The Ultimate Club

Every Monday through Friday at 4:00 pm sharp, dozens of students from every corner of campus find their way to the athletic field, ready for Ultimate Frisbee. They divide into teams and start the pull, bounding across the grass, diving and jumping, celebrating every successful catch and touchdown until it's time for dinner.

"It's a great way to end the school day," says **Tristan Fraser** (MLS / Prince of Peace-Salt Lake City). "I love coming out here and messing around with everyone else for a while. All you need is a couple of friends and a frisbee."

Nate Hildebrandt (LPS / St. Stephen-Beaver Dam WI) is a daily participant. He loves it because he's "able to stay active and play with other students. It's also a great way to meet new people."

On special occasions like the upcoming Homecoming, the group organizes massive teams for Night Ultimate, played with glow-in-the-dark discs to change up the game.

No previous skill or knowledge is required. Just show up, and we'll show you how it's done! When you come to campus, make sure to check out the Ultimate Club!



Nick Blank (LPS / Good Shepherd-West Bend WI), **Nate Hildebrandt** (LPS / St. Stephen-Beaver Dam WI), **Jeremiah Callies** (WLA / St. Matthew-Iron Ridge WI), **Michael Schoenfeld** (Lakeside / St. John-Waterloo WI), **Karl Kuschel** (WISCO / St. John-Mukwonago WI), and **Tyler Wahl** (Luther / St. Paul-Onalaska WI) form a six-man team for Ultimate Frisbee.

What's Compline?

Mondays are universally known for being tough, but they aren't nearly as painful when you have something to look forward to.

"Compline" is derived from a Latin term meaning the completion of the day. On the MLC campus, Compline means a beautiful Monday night service of evening prayer.

"It's a time of peace, when I feel the closest with God," says **Anna Scarfo** (LPS / Atonement-Milwaukee). "Even when all of my emotions come to the surface and I feel so exposed in my sin, it reminds me that God is love. Compline is comprised of the flawless moments where I am utterly grateful and in awe of God's love, where I feel the safest."

This 10:00 pm service is traditionally spent in meditation, offering a different atmosphere than the daytime chapels. Students enter and leave in silence, letting the focus shift from their hectic lives to the peace only God can give.

Senior **Jason Zweifel** (Lakeside / St. Paul-Lake Mills WI) sums it up by adding, "When you're mentally preparing for another busy week of classes, homework, practice, work, etc., nothing is more relaxing than the quiet, reflective time spent in the Chapel of the Christ to remind us why we're here."

