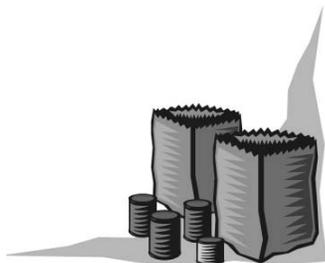


Martin Luther College Food Bank

Over the years many WELS/ELS members have desired to assist our students, especially a growing number of students with families. The establishment of an on-campus food bank provides such an opportunity.



How Does the Food Bank Work?

The Food Bank depends on the contributions of our churches, organizations and individuals. We accept non-perishable food items as well as personal and household cleaning items. Food donations are sorted onto shelves. Money that has been donated is used to purchase needed staple foods. In this way the families can receive a certain amount of basic supplies. Students will come to the Food Bank once a month and pick up items on a shopping guide that is based on the amount of food on hand.

How Can You Help?

Organizations may collect money or food items at their monthly meeting or send a monthly check. Sunday school and Day School children could bring one can or boxed item on a special day or a month-long door collection could be taken at church. No gift is too small.

For more information please contact:

Judy Gosdeck, Linda Schmidt, or Michelle Grubs
Martin Luther College
1995 Luther Court
New Ulm, MN 56073
507-354-8221

Please make checks payable to Martin Luther College Food Bank. Someone can meet you if you are bringing food items to MLC, just call ahead.

What Kind of Food Do We Need?

We have been blessed with many donations and are **well stocked with canned vegetables and spaghetti noodles**

Items needed:

Muffin mixes, cookie mixes & brownie mixes
Cake Mixes
Brown and powdered sugar
Flour 5# bags,
Sugar 5# bags
Pancake mix, and Pancake syrup
Pie fillings
Chocolate chips
Canned meats: Tuna, Chicken and small hams
Chunky soups or Progresso Soups, & chicken noodle soup
Creamed soups: Mushroom, Celery, and Chicken
Canned fruit: peaches, pears, mandarin oranges and pineapple (lite)
Applesauce, any size jar
Pasta: need lasagna, egg noodles
Spaghetti sauce: Hunts, Prego or Ragu
Ramen noodles, Minute rice or long cook rice
Cereal:
Oatmeal
Canned tomatoes: sauce, chunks, diced, and whole
Canned beans: **Bush** Beans, and black
Jelly, peanut butter
Cooking oil (48 oz or smaller)
Pickles and olives, Catsup
Bottles of fruit blend juices such as Old Orchard (64 oz. size)
Regular coffee (no instant or decaf)
Granola bars, Microwave popcorn
Specialty crackers (triscut, Cheese, Ritz)
Liquid laundry soap and Dish soap
Toothpaste, bar soap, shampoo
Packages of toilet paper
Paper towels, Kleenex
Toilet bowl cleaner and other cleaning supplies

PLEASE WATCH EXPIRATION DATES

Gift cards for Hy-Vee grocery store, Cash Wise grocery store, Wal-Mart, and Kwik Trip.

(Reproduce for bulletin inserts.)