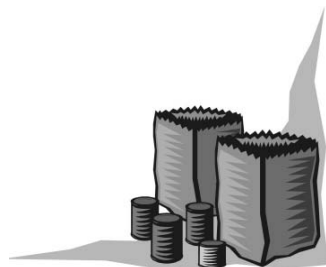


Martin Luther College Food Bank

Over the years many WELS/ELS members have desired to assist our students, especially a growing number of students with families. The establishment of an on-campus food bank provides such an opportunity.



How Does the Food Bank Work?

The Food Bank depends on the contributions of our churches, Organizations, and individuals. We accept non-perishable food items as well as personal and household cleaning items. Food donations are sorted onto shelves. Money that has been donated is used to purchase needed staple foods. In this way the families can receive a certain amount of basic supplies. Students will come to the Food Bank once a month and pick up items on a shopping guide that is based on the amount of food on hand.

How Can You Help?

Organizations may collect money or food items at their monthly Meeting, or send a monthly check. Sunday school and day school children could bring one can or boxed item on a special day, or a month-long door collection could be taken at church. No gift is too small.

For more information please contact:

Judy Gosdeck, Linda Schmidt, or Michelle Grubs
Martin Luther College
1995 Luther Court
New Ulm, MN 56073
507-354-8221

Please make checks payable to Martin Luther College Food Bank. Someone can meet you if you are bringing food items to MLC, just call ahead.

What Kind of Food Do We Need?

We have been blessed with many donations and are **well stocked with canned vegetables.**

Items needed:

Muffin mixes, cookie mixes
Cake mixes & brownie mixes
Brown and powdered sugar
Flour 5# bags,
Sugar 5# bags
Chocolate chips or other kinds of baking chips
Pancake mix and pancake syrup
Kraft Mac and Cheese
Canned meats: tuna, chicken,
Chunky soups or Progresso soups,
Chicken noodle and tomato soup
Creamed soups: mushroom, celery, and chicken
Canned fruit: peaches, pears, mandarin oranges and pineapple (lite); applesauce
Pasta: lasagna, spaghetti, egg noodles, shell, penne and other types of noodles
Spaghetti sauce: Hunts, Prego or Ragu
Minute Rice or long cook rice
Cereal
Oatmeal: quick cook kind
Canned tomatoes: sauce, chunks, diced, and whole
Canned beans: **Bush Beans**, and black beans
Jelly, peanut butter
Cooking oil (48 oz or smaller)
Pickles and olives, catsup.
Bottles of fruit blend juices such as Old Orchard (64 oz. size)
Regular coffee (no instant or decaf)
Granola bars, microwave popcorn
Specialty crackers (Triscuits, cheese, Ritz)
Liquid laundry soap and dish soap
Toothpaste, liquid hand soap, shampoo
Packages of toilet paper
Paper towels, Kleenex
Toilet bowl cleaner and other cleaning supplies

PLEASE WATCH EXPIRATION DATES

Gift cards for Hy-Vee grocery store, Cash Wise grocery store, Aldi, Wal-Mart, and Kwik Trip.

(Reproduce for bulletin inserts.)